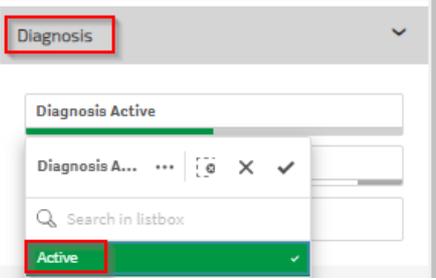
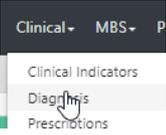
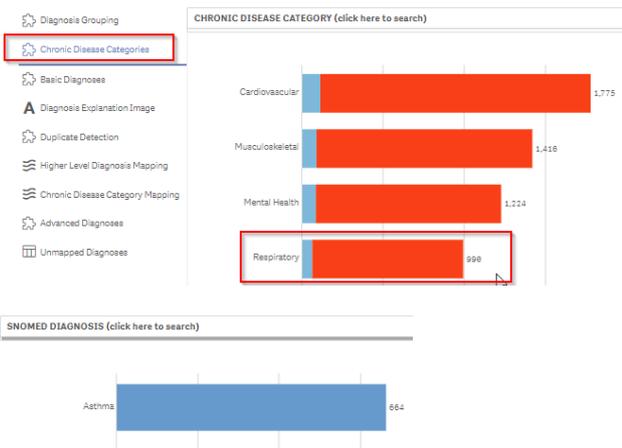


# POLAR Walkthrough - Thunderstorm Asthma

## Identify patients at risk

<p><b>Step 1</b> Open POLAR and from the Reports Select Clinic Summary Report</p>	 <p><b>Clinic Summary Demo</b> Demo for clinics, including clinical indicators</p>														
<p><b>Step 2</b> Add the Active and RACGP Active patient filters via the shortcut on the right-hand side</p>	<p>RACGP &amp; Practice Active Patients</p> <p>CURRENTLY SELECTED</p>  														
<p><b>Step 3</b> Select Diagnosis then select Diagnosis Active filter from the filters on the left-hand side</p>															
<p><b>Step 4</b> Under Clinical select Diagnosis</p>															
<p><b>Step 5</b> From the Chronic Disease categories tree select Respiratory Then select Asthma under the Snomed Diagnosis <i>This is a list of your Active/RACGP Active patients with a diagnosis of Asthma</i></p>	 <table border="1"> <caption>CHRONIC DISEASE CATEGORY (click here to search)</caption> <thead> <tr> <th>Category</th> <th>Count</th> </tr> </thead> <tbody> <tr> <td>Cardiovascular</td> <td>1,775</td> </tr> <tr> <td>Musculoskeletal</td> <td>1,416</td> </tr> <tr> <td>Mental Health</td> <td>1,224</td> </tr> <tr> <td>Respiratory</td> <td>998</td> </tr> </tbody> </table> <table border="1"> <caption>SNOMED DIAGNOSIS (click here to search)</caption> <thead> <tr> <th>Diagnosis</th> <th>Count</th> </tr> </thead> <tbody> <tr> <td>Asthma</td> <td>664</td> </tr> </tbody> </table>	Category	Count	Cardiovascular	1,775	Musculoskeletal	1,416	Mental Health	1,224	Respiratory	998	Diagnosis	Count	Asthma	664
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Asthma	664														
<p><b>Step 6</b> Go to patient list up the top right-hand side to export the list for sorting</p>	<p><b>Patient List</b></p>														

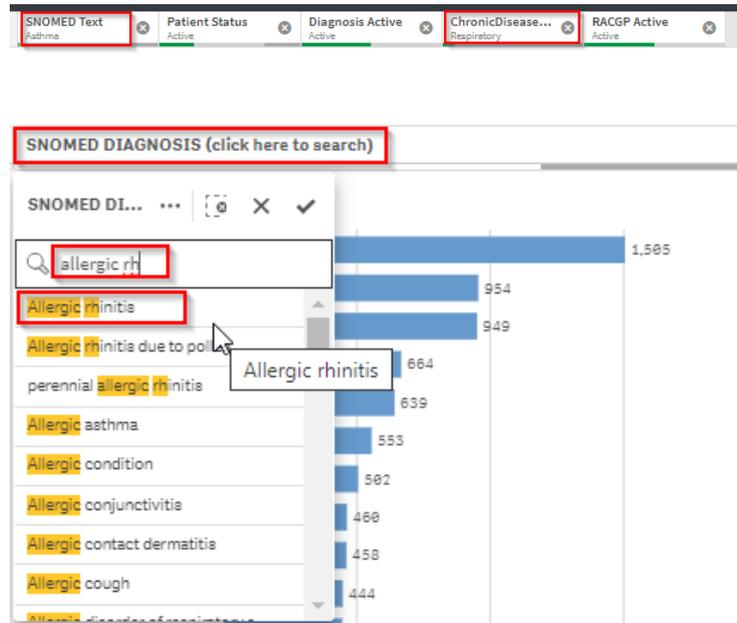
## Insert document title

### Step 7

Remove SNOMED Text Asthma and the Chronic Disease Respiratory filter by selecting the X then under Diagnosis/Diagnosis Snomed type in the search Allergic rhinitis then select the appropriate diagnosis

This is a list of your Active/RACGP Active patients with a diagnosis of allergic rhinitis

**Repeat Step 6**



### Step 8

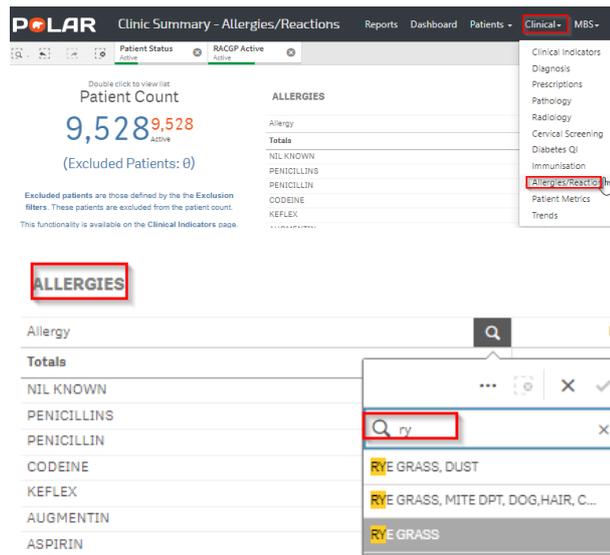
You may want to do additional searches for the following cohorts: Patients who have a confirmed allergy to Rye Grass

This can be found under Clinical Allergies/ Reactions

Type Rye in the search or allergic rhinitis and select the appropriate allergies.

You may need to select several depending how your Clinicians are recording.

**Repeat Step 6**



### Next Search:

### Consider other searches example:

- Patients with a diagnosis of Asthma not taking preventer medication
- identification of patient cohorts with Asian ethnic background or young adult age group.



### Where to get help

**EMPHN general practice improvement & digital enablement:**  
digitalhealth@emphn.org.au.